

MEMBERSHIP Fee Schedule: EFFECTIVE January 2009

ANNUAL MEMBERSHIP RATES:		
Membership Type	Enrollment Fee	(EFT Rate)
Youth	\$40.00	\$12.00*
Student (14-17)	\$40.00	\$18.00*
Adult (18-54)	\$40.00	\$30.00*
Older Adult (55+)	\$40.00	\$21.00*
Family	\$75.00	\$56.00*
* Option to pay in full for the year.		
6 MONTH PASS		
Youth	\$40.00	\$79.00
Student (14-17)	\$40.00	\$119.00
Adult (18-54)	\$40.00	\$198.00
Older Adult (55+)	\$40.00	\$139.00
Family	\$75.00	\$370.00
3 MONTH PASS		
Youth	\$40.00	\$41.00
Student (14-17)	\$40.00	\$62.00
College (17-24) Summer Only	\$40.00	\$70.00
Adult (18-54)	\$40.00	\$104.00
Older Adult (55+)	\$40.00	\$72.00
Family	\$75.00	\$193.00
1 MONTH PASS		
Youth	\$40.00	\$14.00
Student (14-17)	\$40.00	\$22.00
Adult (18-54)	\$40.00	\$36.00
Older Adult (55+)	\$40.00	\$25.00
Family	\$75.00	\$67.00
DAILY PASS		
Youth/Student	N/A	\$6.00
Adult (18-54)	N/A	\$8.00
Older Adult (55+)	N/A	\$7.00
Family	N/A	\$15.00
PUNCHCARD PURCHASES		
Walking Track	10 Punch	\$15.00
Visitors Pass	10 Punch	\$60.00

LSRC Hours:

Monday – Friday: 5:00AM – 9:00PM
 Saturday: 7:00AM – 5:00PM
 Sunday: NOON – 5:00PM

Childcare Hours:

Monday – Friday: 8:00AM – 11:00AM
 5:00PM – 8:00PM
 Saturday: 8:00AM – 12:00PM

Membership Packet Information:

Forms Needed for Membership:

1. Membership Application
2. Personal Profile (All Members)
3. Liability Waiver (All Members)
4. EFT Form (Optional with annual membership)

Membership Additions:

1. Childcare Add-on
2. Specialty Classes
3. Personal Training

Lodi Sports and Recreation Center
 801 N. Main Street, Suite G
 Lodi, WI 53555
 Phone: 608-592-1700
 Fax: 608-592-3388
www.lodisportscenter.com

For more information on membership, please call the Lodi Sports and Recreation Center at 608-592-1700.

Membership in the Lodi Sports and Recreation Center includes use of the fitness center (cardio equipment and three weight rooms), gymnasium, indoor track, and locker rooms. Specialty classes, childcare, personal training, and room rentals are also available at nominal fees. Anyone is eligible to purchase an affordable membership at the Lodi Sports and Recreation Center.





Lodi Sports and Recreation Center, Inc.

Policies and Regulations

Effective November 2008

GENERAL INFORMATION:

Everyone using the Lodi Sports and Recreation Center is required to stop at the welcome desk and present his/her membership pass or valid driver's license before using the recreation facilities. Replacement membership cards will cost \$5.00 per card. Membership cards will not be printed for children under 5 years of age.

Lodi Sports and Recreation Center is not responsible for lost or stolen articles.

Membership privileges may be suspended or revoked for disciplinary reasons or rule infractions.

FITNESS CENTER:

- For safety reasons, the fitness center is open only to participants who are at least 14 years of age or older and have had an orientation on the fitness equipment by a Lodi Sports and Recreation Center staff member.
- It is strongly recommended that everyone go through a basic orientation using the strength equipment.
- Each person must check in at the welcome desk before using the fitness center or gymnasium.
- Appropriate shirt, athletic shoes and shorts must be worn at all times.
- Food and beverages are not allowed in the fitness center or studios. Water is allowed.
- Radios are not allowed with the exception of personal headset units.
- Locker room facilities are available at the Lodi Sports and Recreation Center. Participants are required to bring their own lock for the day lockers.
- Abuse of equipment will not be tolerated; offenders may lose use of privileges.
- There is a 30 minute limit on the cardio equipment when people are waiting.
- Street shoes will not be allowed on the fitness equipment. Please bring a clean pair of work out shoes with you.

TOWELS - Each member is entitled to use *one free* sweat towel to use in the fitness center. Towels may not be removed from the center.

SMOKING - Smoking is not allowed at any time in the Lodi Sports and Recreation Center.

EQUIPMENT CHECK-OUT - Equipment check-out from the welcome desk (balls, weights, towels, etc.) becomes the responsibility of the person who checks it out. If that person does not return the equipment, he/she will be charged a replacement fee for equipment which must be paid before using the Lodi Sports and Recreation Center again.

Some form of identification must be presented to the welcome desk for all equipment that is checked out (membership card, driver's license, school ID, etc.)

YOUTH POLICIES - Youth under 12 years of age may be in the Lodi Sports and Recreation Center for scheduled classes and during open gym for their age group. At all other times, they must be under the direct supervision of an adult.

OPEN GYM - Only gym or court shoes are allowed on the gym floor. No street shoes allowed. Management reserves the right to refuse use of shoes that may damage or mark the floors.

Temporary changes in the schedule are at the discretion of the Lodi Sports and Recreation Center management and will be posted.

Youth under the age of 12 must be under the direct supervision of an adult while in the gym.

TRACK - All participants must be at least 14 years old to use the track by themselves. Anyone under 14 **MUST** be under the direct supervision of an adult.

There are a limited number of strollers available to use while walking on the track. They are available on a first come, first serve basis. Personal strollers will not be allowed.

REFUND POLICY - Memberships are non-refundable. A refund will be granted to any membership holder with a written medical excuse from a doctor. Requests for refunds must be submitted in writing for consideration to the Lodi Sports and Recreation Center.

PHOTO RELEASE - The Lodi Sports and Recreation Center reserves the right to use photos of membership holders for promotional efforts without expectation of any reimbursement in connection with its use.

MISCELLANEOUS - The Lodi Sports and Recreation Center reserves the right to adjust fees and policies pertaining to all facilities and programs.

STAFF _____

MEMBERSHIP START DATE ____ / ____ / ____



Lodi Sports and Recreation Center, Inc.

Personal Profile

Effective August 2008

Name _____ Date _____

Address _____ Home Phone _____ Work Phone _____

Birth Date _____ Parent/Guardian (If under 18 years) _____ Print Name _____

Personal Physician _____ Physician Phone # _____

IN AN EMERGENCY CALL:

Name _____ Home Phone # _____

Relation _____ Work Phone # _____

- | | | |
|-----|----|---|
| YES | NO | 1. Have you ever had a heart condition and been told by a health professional that you should only engage in physical activity recommended by a doctor? |
| YES | NO | 2. Do you feel pain or have you ever felt pain in your chest when you do physical activity? |
| YES | NO | 3. Have you had a chest pain when you were not doing physical activity? |
| YES | NO | 4. Do you have high blood pressure, high cholesterol, or cardiac disease? |
| YES | NO | 5. Have you ever been or are you currently on medication that would limit your ability to exercise? |
| YES | NO | 6. Do you lose your balance because of dizziness or do you ever lose consciousness? |
| YES | NO | 7. Do you have a bone or joint problem that could be made worse by a change in your physical activity? |
| YES | NO | 8. Do you have a history of back problems/current back problems that would limit your exercise ability? |
| YES | NO | 9. Have you had surgery in the past year which limits your physical abilities? |
| YES | NO | 10. Do you have a hernia, or any other conditions that may be affected by lifting weights? |
| YES | NO | 12. Have you ever had a stress test for any medical reason other than a routine checkup? |

If you answered yes to any of the above please explain:

If you answered YES to one or more of these 12 questions, or could answer yes during any time in the future at which you have a membership with LSRC, we strongly advise that you have a doctor's check-up BEFORE you engage in physical activity. Please talk to your doctor about the kinds of activities you wish to participate in and follow his/her advice.

YES NO Have you had a physical examination by your physician in the past year? If not, we advise you to complete an examination before participating in physical exercise and to follow all recommendations or limitations from your doctor or other health care professional regarding physical activity and exercise.

Signature of Participant _____ Date _____

Signature of Parent. Guardian if under age 18 _____ Date _____



Lodi Sports and Recreation Center, Inc.

Waiver and Release of Liability Indemnification and Hold Harmless Agreement

Participant _____

Age _____

Parent/Guardian _____

Parent/Guardian _____

In exchange for Participant's participation in Lodi Sports & Recreation Center, Inc. ("LSRC") activities or programs, and/or use of LSRC facility or equipment, Participant, or if Participant is a minor the Parent(s) and/or Legal Guardian(s) of the Participant, agree as follows:

1. **ACKNOWLEDGEMENT OF RISK.** Participant, or in the case of a minor, the Parent(s) and Legal Guardian(s), acknowledge and fully understand that there are inherent risks of serious injury, damage and loss, up to and including death, associated with physical exercise, weight lifting, aerobics, stretching, team sports, athletic competition, running, jogging and other recreational activities that take place at the LSRC. These inherent risks include, but are not limited to, the risk of muscle strain, broken bones, heart conditions due to over-exertion, health problems due to pre-existing conditions, trauma from improper use of weights or other fitness equipment, and other risks associated with an activity in which you are involved at LSRC. Risks may arise from, among other factors: acts or omissions of other Participants or LSRC staff or agents; the condition of equipment or property, even if properly maintained; contact with allergens, bacteria and viruses; the risk of the Participant or other participants engaging in unauthorized activities; delays in or the unavailability of needed first aid or emergency treatment; and, the lack of supervision of a given activity. Participant, or in the case of a minor, the Parent(s) and Legal Guardian(s), further acknowledges that all risks associated with LSRC programs and activities cannot be described as part of this document.

2. **PARTICIPANT WAIVER OF RIGHTS AND RELEASE OF LIABILITY.** Participant, or if the Participant is a minor, the parents and legal guardians of Participant, hereby releases, waives and discharges LSRC, its employees, directors, and agents from claims of negligence or other claims of liability against LSRC, its employees, directors and agents arising in connection with Participant's participation in LSRC programs and activities or use of LSRC facilities and equipment, including but not limited to those risks described in paragraph #1 above, provided, however, that this waiver and release does not address injury, damage, or loss resulting from the intentional or reckless acts of LSRC, its directors, agents or employees.

3. **INDEMNIFICATION AND HOLD HARMLESS.** Participant, or if the Participant is a minor, the Parent(s) and Legal Guardian(s) of Participant, further agrees to indemnify and hold harmless LSRC directors, employees and agents, from and against all losses, damages, monetary awards and expenses, including all costs and attorney fees, incurred in connection with any and all claims of negligence against LSRC, its directors, employees and agents, brought by Participant, Participant's Parent(s) and/or Legal Guardian(s), or any of their respective heirs, successors, assigns, or legal representatives, for any injury, death, illness, disease, or damage to property, arising from or connected with participation in any LSRC program or activity or use of LSRC facilities or equipment. This indemnification and hold harmless agreement does not address losses, damages, monetary awards and expenses resulting from the intentional or reckless acts of LSRC, its directors, employees and agents.

4. **MISCELLANEOUS.** The parties agree that the provisions of this "Waiver and Release of Liability; Indemnification and Hold Harmless Agreement" ("Agreement") shall be deemed severable, and that the invalidity or unenforceability of any provisions or clauses hereof shall not affect the validity or enforceability of the other provisions or clauses hereof. The terms of this Agreement constitute the entire agreement and understanding between the parties. This Agreement shall be construed under the laws of the State of Wisconsin.

5. **OPPORTUNITY TO NEGOTIATE.** You are encouraged to carefully review the contents of this Agreement and take the time you feel necessary to review it. DO NOT SIGN this Agreement unless you understand and agree to the terms and conditions of this Agreement. You are encouraged to consult an attorney. If you wish to NEGOTIATE any of the terms of this Agreement for modifications, deletions, or additions, please contact the LSRC prior signing and executing this Agreement. If you do not contact the LSRC prior to signing and executing this Agreement, the LSRC understands that you are accepting the terms and conditions as set forth above, and that you do not wish to pursue any further negotiations regarding the terms and conditions of this Agreement.

I CERTIFY THAT I HAVE READ THIS WAIVER AND RELEASE OF LIABILITY; INDEMNIFICATION AND HOLD HARMLESS AGREEMENT AND THAT I UNDERSTAND THAT I AM GIVING UP SUBSTANTIAL RIGHTS AND ASSUMING SUBSTANTIAL RESPONSIBILITIES BY SIGNING IT, AND THAT I SIGN IT VOLUNTARILY.

Date: _____

Participant

Date: _____

Parent/Legal Guardian*

Date: _____

Parent/Legal Guardian*

*Must sign if participant is under age 18.



Lodi Sports and Recreation Center

Application for Electronic Fund Transfer

What is the Electronic Fund Transfer plan?

The program provides a way to budget your annual LSRC membership fee on a monthly basis. With your authorization, the fees are deducted monthly from an account of your choosing.

What are the benefits of the EFT program?

Affordability. Monthly payments are easy on your budget.

Convenience. You save time and mailing costs. With our automatic electronic transfer, there are no checks to write, no late payment fees.

Continuous Use. Your LSRC Pass will not lapse unless you decide to discontinue your participation.

No Additional Fees. There is no extra charge for using the electronic fund transfer payment plan.

AUTHORIZATION AGREEMENT:

I hereby authorize the Lodi Sports and Recreation Center to initiate electronic fund entries to my:

- Checking
- Savings
- Credit Card

Indicated below, and I authorize the financial institution named below to debit my account.

Financial Institution/CC Type: _____

City, State: _____

Routing #: _____

Account/Credit Card #: _____

Name on Account: _____

Address: _____

Type of Membership: _____

Monthly Amount of EFT: _____

This authorization remains in effect until the Lodi Sports and Recreation Center has received a 14-day written notification from me indicating my desire to discontinue my membership after a minimum of 12 months.

Member Signature _____

Date _____

EFT Start Date: ____ / ____ / ____

Who is eligible for the Electronic Fund Transfer payment plan?
Any adult, 18 years of age and older, who has an account (checking or savings) at a participating financial institution.

How do I sign up?

By completing this authorization form and returning it along with a voided check (for having the funds taken out of your checking account) or a savings deposit slip (to have the funds taken out of your savings account), the LSRC Personal Physical Profile form and your LSRC Membership Application.

Terms and Conditions

1. **I understand that this is a continuous plan, minimum of 12 months, and will remain in effect for as long as I retain the LSRC Membership card(s) issued to me.**

Passholder's Initials: _____

2. I understand that if I wish to terminate **after a minimum of 12 months or change my LSRC Membership in any way, I must give the Lodi Sports and Recreation Center a 14-day written notice.** I understand that I must turn in all my cards upon termination and that I will receive temporary cards for the balance of time I have paid for or will be paying for.

Passholder's Initials: _____

3. The Lodi Sports and Recreation Center may, at its discretion, adjust the monthly rate applicable to my LSRC Membership once per year. I understand that I will receive at least 4 weeks notice prior to any such change in my LSRC Membership fees.

Passholder's Initials: _____

4. Should any deduction not be honored by my bank for any reason, I realize that I am still responsible for the payment, plus a service charge of no more than \$27.50 applied by the Lodi Sports and Recreation Center. This is in addition to any service fee my bank may make. I understand that it is my responsibility to notify the Lodi Sports and Recreation Center in writing should I change my financial institution and/or account at anytime.

Passholder's Initials: _____

5. I understand that my rates will be automatically updated after my original 12-month membership agreement expires (if rates have changed during my original agreement).

Passholder's Initials: _____

6. LSRC Membership cards remain the property of the Lodi Sports and Recreation Center and must be surrendered upon request.

Passholder's Initials: _____

Name of Passholder: _____